

Café Dialogue

Celebrates

Mehregan

Dedicated to Mithra, the goddess of friendship, affection, and love, Mehregan is the second most important Persian festival, falling behind [Nowruz](#). In ancient times, Mehregan festivities started on the occasion when day and night were of equal length, corresponding to when farmers harvested their crops. However, to establish a universal beginning for this festivity, today it is celebrated on the 10th day of the month of Mehr (October 2nd). According to [Shahnameh](#) (Book of Kings), Mehregan was the day when the legendary king [Fereydu](#)n vanquished the evil [Zahhak](#) and confined him to [Mount Damavand](#). Therefore, it is also thought of the day on which oppressed people will overcome their oppressors. The Persian speaking communities and cultures celebrate Mehregan by coming together to give thanks for the blessings they have received in the months past and what they will acquire in the days to come. They wear colorful clothes, dance, eat especially prepared delicacies, and exchange gifts with friends and family.

Café Dialogue celebrates Mehregan with music, dance, and traditional cuisine, as well as an exhibition of Persian carpets, arts, and photographs.



wearing colorful, local, and traditional costume is requested

When: Saturday, October 28, 2023, 6-10 PM

Where: 846 Eastern Ave., Schenectady, NY 12308

For reservation, please click on the link in bio